

Distance Guidance Lessons



Topic: 1 Messages (Case Crusaders)

2nd Grade



Think:

Sometimes others say things that come across as being unkind.

Using “I Messages” is a great way to talk it out when there is a problem.

Have you ever used “I messages” before to talk it out?



Happy last week of school!

Activity:

In your guidance journal...

Monday: Think about a time when someone made you feel sad or mad. Write an "I message" using this format:

I feel _____ when _____

Because _____

Tuesday: How can using "I messages" help you? Write about or draw a picture of how "I messages" can help you.

Wednesday: Was there a time that you used an "I message"? Did it help? What happened? If you haven't used an "I message" yet try it the next time there is a problem.

Have a great summer!!! I can't wait to see you next year!!!



Mrs. Miedtke